

## College of Insurance Insurance Institute of India, Mumbai Classroom Training Workshop on Self-Management and Personal Effectiveness (CT-WSMPE) (From: 21<sup>st</sup> May to 22<sup>nd</sup> May, 2024)

### Program Concept and Objectives:

“The biggest of the battles in Human Life are those that are fought within the Self ” so goes the famous quote underscoring the importance of Private Victories preceding Public Victories in the Leadership Paradigm stated by Stephen Covey. Relationship Management, Time Management and Stress Management are essentially Self-Management and that need to be understood, realized and worked upon before we think of leading others. Better Self-Management is also the key to personal effectiveness doing things not just the right way but doing the right things.

The primary objective of this 2-days Workshop is to equip participants with essential skills and knowledge to enhance their self-management and personal effectiveness, fostering personal and professional growth. This would prepare the participants for Managerial and Leadership positions grounded in Personal Power and Influence and Values. It also aims to give a refreshing perspective on leading teams and achieving Team Objectives, Organisational Vision.

### Key Takeaways from the Program:

The program in the workshop mode gives insight and understanding of the following and inspire people to make a renewed beginning for better personal effectiveness

- ✚ Concept of Self and Relationships
- ✚ Values, Ethics and Personal Integrity
- ✚ Goals, Time and Personal Effectiveness
- ✚ Stress Management and Personal Resilience
- ✚ Seven Habits of Highly Effective People
- ✚ Work Life Balance & Self-Management Techniques
- ✚ Public Speaking



**College of Insurance**  
**Insurance Institute of India, Mumbai**  
**Classroom Training Workshop on Self-Management**  
**and Personal Effectiveness (CT-WSMPE)**  
**(From: 21<sup>st</sup> May to 22<sup>nd</sup> May, 2024)**

**Participant Profile:**

Junior and Middle Level Executives, Fresh Recruits, Newly promoted officers in all Insurance Companies, Corporate Agents, Brokers.

**Program Coordinator:**

Mr.V Jayanth Kumar    022-69654285    Email: [vjayanth@iii.org.in](mailto:vjayanth@iii.org.in)

**Program Duration & Timing:**

2 days & from 10.00 a.m. to 5.00 p.m.

## College of Insurance Insurance Institute of India, Mumbai Classroom Training Workshop on Self-Management and Personal Effectiveness (CT-WSMPE) (From: 21<sup>st</sup> May to 22<sup>nd</sup> May, 2024)

### Program Fees:

- **Participants requiring residential facilities:** Total amount Required –Rs. 11800/- i.e. (Rs. 10000/- plus 9% CGST + 9% SGST).

The fees cover tuition, course material, A/C single room accommodation in the Institute's campus and full boarding (bed tea/coffee, breakfast, lunch, light refreshments in the evening and dinner). All rooms are fully furnished with attached bathroom and Internet facility.

Rooms are reserved from 12.00 noon onwards the day prior to the commencement of the program. The participants can stay till 12.00 noon next day after the conclusion of the program.

- **Non-residential participants:** Total amount Required –Rs. 8496/- i.e. (Rs. 7200/- plus 9% CGST + 9% SGST).

The fees cover tuition, course material and day boarding (i.e. tea/coffee during tea breaks and lunch for actual days of training).

### Payment Terms and Conditions:

- 1) The payment should be received by the College of Insurance before the commencement of the program.
- 2) The confirmation of registration for the program will be subject to receipt of payment.
- 3) Please see below details for Bank Transfer.

<b>Name of the Beneficiary</b>	<b>Insurance Institute of India</b>
<b>Account No.</b>	004010100143462
<b>IFS Code</b>	UTIB0000004
<b>MICR Code</b>	400211002
<b>Swift Code</b>	AXISINBB004
<b>Name of Bank</b>	Axis Bank Ltd
<b>Address</b>	Branch - Fort Branch Address - Universal Insurance Building, Ground Floor, Sir P M Road, Fort, Mumbai – 400001.

- 4) For online payment mode by following the below link

<https://www.insuranceinstituteofindia.com/o/COI/WebPortal/cmc/regDetails.htm?eventid=2069>



**College of Insurance**  
**Insurance Institute of India, Mumbai**  
**Classroom Training Workshop on Self-Management**  
**and Personal Effectiveness (CT-WSMPE)**  
**(From: 21<sup>st</sup> May to 22<sup>nd</sup> May, 2024)**

**Program Venue, Location and Parking:**

**Program Venue:**

College of Insurance,  
Insurance Institute of India,  
C-46, G-Block, Bandra-  
Kurla Complex,  
Mumbai - 400 051 India.

Please follow the link /  
scan QR Code for  
training venue.



<https://qrgo.page.link/qs2Qb>

Public parking is available at 5 minutes walking distance (Behind US Consulate).

**Program Team:**

Ms. Nilambari Bagde	college_insurance@iii.org.in	022-69654234
Ms. Snehal Vartak		022-69654251
Ms Vrushali Nagawekar		022-69654266
Ms. Jayashree Salian		022-69654249
Ms. Mrunal Satam		022-69654216